

BIPOC SF FAMILY WORKSHOPS

THE SOLUTION TO BULLYING -
TOOLS ON HOW TO RECOGNIZE AND
INTERVENE

Join us at Valencia Park
Elementary! Food and
childcare will be provided.

5880 Skyline Drive, San
Diego, CA 92114

WEDNESDAY, FEB. 21ST

5:00 pm - 7:00 pm

SCAN THE QR CODE TO LEARN
MORE AND REGISTER!



INSPIRING STUDENTS TO LEARN -
TIPS TO INCENTIVIZE ACADEMIC
SUCCESS

Join us at City Heights
Library! Food and childcare
will be provided.

3795 Fairmount Ave, San
Diego, CA 92105, USA

TUESDAY, MAR. 5TH

3:00 pm - 4:30 pm

SCAN THE QR CODE TO LEARN
MORE AND REGISTER!



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BIPOC SF FAMILY WORKSHOP

INSPIRING STUDENTS TO LEARN – TIPS TO INCENTIVIZE ACADEMIC SUCCESS

THIS TOPIC WILL COVER THE VARIOUS MENTAL HEALTH ISSUES THAT CAN IMPACT STUDENTS' ABILITY AND DESIRE TO LEARN. IT WILL BE IMPORTANT TO TIE IN WELLNESS AND BALANCE; UNDERSTANDING THE DIFFERENCE BETWEEN NOT BEING MOTIVATED VS. BEING TOO OVERWHELMED. THE PRESENTATION SHOULD CENTER ON SELF-ESTEEM, CONFIDENCE BUILDING, AND HOW TO MOTIVATE STUDENTS TO THRIVE IN THE CLASSROOM AND BEYOND. FURTHERMORE, TOPICS SUCH AS NAVIGATING ACADEMIA WHEN YOU ARE THE ONLY RACIAL MINORITY SHOULD BE ADDRESSED. FINALLY, WE ENCOURAGE YOU TO DISCUSS DIFFERENT BEHAVIORAL/MOTIVATIONAL APPROACHES.

TUES., MAR. 5TH



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3:00 pm – 4:30 pm
City Heights Library
(3795 Fairmount Ave)



Public
Library

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